

Classroom and home workplace setting

Adapt the home workplace and the classroom setting

Teachers need to understand how to transform the school or home environment into a more productive and comfortable environment for students. To do this they must:

- find a space that is used only for working or studying, or that is used at least at certain times
- avoid sources of distraction
- have space to store necessary materials
- have a good lighting source
- be away from noises

Remember to check your work or study space, not only in terms of brightness, sound and space, but also with regard to the height of your chair, desk, computer (if you use it) and above all also plan breaks if you sit for a long time.

Exercise n.1: Understand the situation



Look at the two pictures and think about which of the two images represents the most suitable home workplace for the job and explain why it is the best and what should be changed in the other image to make it comfortable.

