

SUSTAINING ATTENTION

Refer to PRACTICAL SHEET n°:
PP50

Use these TOOLBOX resources:

Exercises

Instructions

Read practical sheet n°PP50

To sustain the attention of students you can :

- Make the content and form of the documents accessible.
- Establish break times to lighten the cognitive load requested by the students.
- Identify ways to create a positive and empowering atmosphere.

Reminder

To sustain the attention of students you can :

- Making didactic materials accessible, adapting content and form.
- Establishing break times to lighten the cognitive load requested by the students.
- Ensure a positive and remunerative ambient.

Ex 1: How to make the content and form of the documents accessible?

Check the different ways to make course materials accessible :

- Avoid bolding important things
- Simple vocabulary, no double meanings
- Avoid abbreviations
- Avoid italic
- Font 20
- Sans serif font, size 14
- Use watermarks
- Promote complex instructions
- Use visual references (image, picto ...)
- Front/back, 0.5 line spacing

