

# IDENTIFY STUDENT'S STRENGTHS AND WEAKNESSES

Refer to PRACTICAL SHEET n°:  
PP44

Use these TOOLBOX resources:

## Exercises

### Instructions to identify students' strengths and weaknesses

#### Read practice sheets n° PP44

For the next proposed exercise:

1. learn to observe ;
2. make a list of possible strengths and weaknesses;
3. create a list of different ways you could compensate weakness.

#### Why identifying student's strengths and weaknesses is important

- It has a positive impact on their learning abilities ;
- Those who are not aware of their own abilities may not use techniques that are appropriate for them ;
- Being aware of our strengths and weaknesses helps us to know ourselves better, to improve our performance and our self-awareness ;
- For students with specific learning disabilities, this could be particularly useful as they would no longer have to define themselves through what they cannot do, but rather through what they are good at.

### Ex 1: Learn to observe

- Give each student the opportunity to participate in class
- Give them group tasks and observe their interactions (verbal and non-verbal)
- Look for observation grid online
- Help them find their own strengths and weaknesses. To do so, you could ask them these types of questions :
  - What are my hobbies?
  - What do I like to do?
  - Why do I like doing that?
  - What tasks can I do for hours on end without feeling tired?
  - What are the tasks that exhaust me?
  - What do I find difficult to achieve?
  - What am I being complimented on?
  - ...

